



Bellerive Leaders

Building a Better Tomorrow

Home to School Connection

Dear Bellerive Families,

This year we will be focusing on a different habit and your child will spend time learning about each of the 7 Habits during the course of the school year. Below you will find information about the "Habit of the Month" and on the reverse side you will find an activity that can be completed together as a family to further your learning about the habits. Please return the completed activity to your child's teacher!

As you are working together (Habit #6 - Synergize) be proactive (Habit #1 - Be Proactive), have a plan (Habit #2 - Begin with the End in Mind), listen to one another (Habit #5 - Seek First To Understand, Then To Be Understood), consider the strengths you bring to the activity (Habit #8 - Find Your Voice) and have fun with your wonderful child (Habit #7 - Sharpen the Saw).

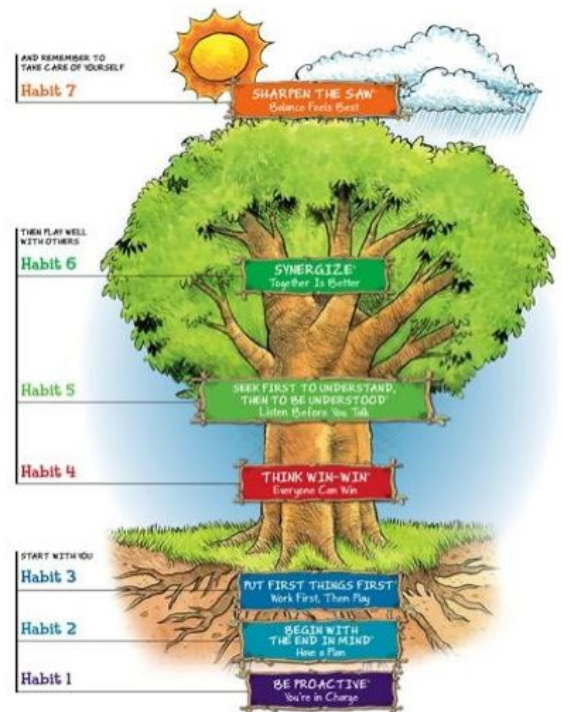
Thank you so much for your support from home and for fostering the leader in your child!

Fondly,

The Bellerive Staff

7 Habits Tree

This month, students spent time learning about and/or reviewing the 7 Habits Tree. The Tree is a focal point in our school, using the analogy of a mature tree to illustrate applying the habits to one's life (LIM website). The Tree is posted in all classrooms, on walls throughout the school, and each child has a copy in his/her Leadership Binder. The Tree shows all of the Habits, divided into two parts: the Private Victory and the Public Victory. The Private Victory (Habits 1, 2, 3) are the "roots of the tree." These habits start with you as an individual and help you to learn self-discipline. The Public Victory (Habits 4, 5, 6) are the "trunk and branches of the tree." These habits help us learn to develop effective relationships and learn to work well with others. Habit 7 is at the top of the Habits Tree because it nurtures the tree with rain and sun. When you nurture yourself you are better able to live out all of the habits.



Check out the reverse side for this month's Habit at Home activity!



Taking the Habit Tree Home

This month, as we review the 7 Habits Tree at school and at home, take some time to reflect on each of the habits. They are listed below with a brief description. Use the Plus/Delta chart to identify how well you, as a family, live out each habit. Write the Habit number on the appropriate side of the Plus/Delta chart at the bottom. Return this to your child's teacher! Student Name _____ Grade _____

Habit #1 - Be Proactive - You are in charge of yourself, your words, actions, mood, and feelings.

Habit #2 - Begin with the End in Mind - You regularly have a plan for what you will do and/or how you will tackle projects.

Habit #3 - Put First Things First - You work first, then play, prioritizing your life to get the most important things done first.

Habit #4 - Think Win-Win - You work well with others, try to see all sides of the situation, and have an "abundance mentality" to make each situation a "win" for all involved.

Habit #5 - Seek First to Understand, Then to be Understood - You listen before you speak, you listen **without** the intent of talking back or adding to the story, and you empathize with others.

Habit #6 - Synergize - Together is better and you work well with others

Habit #7 - Sharpen the Saw - Balance feels best and you take time to regularly nurture yourself in body, heart, mind, and soul.

Habit #8 - Find Your Voice - You have found something you are very good at and you use that strength to help, serve, and inspire others.

+ PLUS	Δ Delta

*A Plus/Delta chart is a leadership tool we use often at school. It helps us to identify strengths (plus) and areas to improve (delta).

